

# FRIDA

## THE LOW-DOWN





They say you can learn everything at the water cooler.

My big sister Jane who is also a puppy in training showed e around my new "digs"





## Family Holiday Card 2016





Cuddles  
with Jane





I met Santa...

and he gave us  
new light up  
collars!



# SALT + PEPPER



# Went to work with my brother Adam. Heres me in the sound studio! No barking allowed!





I  
<3  
MOM





My new best friend, Norah!

She likes licking just as much as I do!



**More adventures to come!  
Stay tuned!**